

San Antonio Dance Academy

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday																																																					
	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C																																																			
9am				<p><i>Our 28th Season of Excellent Dance Training Begins Monday, August 7th, 2017</i></p>																																																																	
10am																																		Kinder Ballet 10:00-10:45	Flamenco I* 9:30-10:30	Pre-K Ballet 9:45-10:30																																	
11am																																		Pre-Ballet 10:45-11:30	Mex Folk I 10:45-11:30	Flamenco II* 10:30-11:30																																	
12pm	<p>SADA'S 28th Annual Recital June 8 - 9, 2018 www.sadance.info</p>			<p>Important Dates! SADA will be closed on the following dates:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <th colspan="3">SADA FALL HOLIDAYS</th> <th colspan="3">SADA SPRING HOLIDAYS</th> </tr> <tr> <td>Monday, September 4</td> <td>Labor Day</td> <td></td> <td>March 12-17</td> <td>Spring Break</td> <td></td> </tr> <tr> <td>Tuesday, October 31</td> <td>Halloween</td> <td></td> <td>Friday, March 30</td> <td>Good Friday</td> <td></td> </tr> <tr> <td>November 20-25</td> <td>Thanksgiving</td> <td></td> <td>Monday, May 28</td> <td>Memorial Day</td> <td></td> </tr> <tr> <td>Dec 23, 2017- Jan 3, 2018</td> <td>Winter Break</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td colspan="6" style="text-align: center;">Studio Opens on Thurs, Jan. 4, 2018</td> </tr> </table>															SADA FALL HOLIDAYS			SADA SPRING HOLIDAYS			Monday, September 4	Labor Day		March 12-17	Spring Break		Tuesday, October 31	Halloween		Friday, March 30	Good Friday		November 20-25	Thanksgiving		Monday, May 28	Memorial Day		Dec 23, 2017- Jan 3, 2018	Winter Break					Studio Opens on Thurs, Jan. 4, 2018																		Jazz I A 11:30-12:30	Mex Folk II 11:30-12:30	Kid's Ballroom 12:00-1:00
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1pm																			Ballet I B 12:30-1:30	Mex Folk IV 12:30-1:30	Boy's Hip Hop 1:00-2:00																																																
2pm																			Modern 1:30-2:30																																																		
3pm																																																																					
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5pm	Ballet I B 4:30-5:30	Jazz II A 4:30-5:30	Studio Rental	Ballet I A 4:15-5:15	Jazz I B 4:15-5:15	Kinder Tap 4:15-5:00	Ballet I A 4:30-5:30	Mex Folk II 4:30-5:30		Jazz II A 4:30-5:30	Intermediate Tap 4:30-5:30	Pre-Ballet 4:30-5:15	Ballet II A 4:45-6:00	Beginner Tap 5:00-6:00																																																							
6pm	Ballet IV 5:30-7:00	Lyrical I 5:30-6:30		Ballet II A 5:15-6:30	Jazz II B 5:30-6:30	Fast Int. Tap 5:30-6:30	Jazz I A 5:30-6:30	Mex Folk V 5:30-6:30		Ballet II B 5:30-6:45	Cont. Jazz 5:30-6:30	Teen/Adult Tap 5:30-6:30		Ballet III 6:00-7:30	Jazz I B 6:00-7:00																																																						
7pm	Ballet V 7:00-8:30	Jazz III 7:00-8:00		Ballet IV/V 6:30-8:00	Ballet III 6:30-8:00		Ballet IV 6:30-8:00	Mex Folk III 6:30-7:30	Flamenco III* 6:30-7:30	Acro 6:45-7:45	Hip Hop I 6:45-7:45	*Adult Flamenco 6:30-7:30			Teen Latin 7:00-8:00																																																						
8pm		Lyrical II 8:00-9:00	Pointe II 8:00-9:00	Teen Ballet/Jazz Combo 8:00-9:15	**Pre-Pointe 8:00-8:30	Pointe I 8:00-8:45	Danza Reh. 7:30-9:00			Hip Hop II 7:45-8:45																																																											
9pm																																																																					

KEY:

BALLET	MEX FOLK
JAZZ	FLAMENCO
Mod/Cont	HIP HOP
TAP	LYRICAL
Ballroom	

All Class Times and Days subject to change without notice

* Starts September 2017
** Starts January 2018

TECHNIQUE CLASSES

"Elective Classes"

TAP

Tap Technique teaches toe, heel, and foot repetitions to strengthen and quicken movement. Center exercises and combinations, turns, and time-steps, wings, and pullbacks. Ages 7 & up.

FLAMENCO

Flamenco Technique includes Zapateado, muñecas, palmas, shawl, fan and castanet work. We recommend ballet classes in conjunction with flamenco. Ages 5 & up.

MEXICAN FOLKLORIC

Mexican Folkloric Technique incorporates fast footwork and varied skirt technique from the different regions of Mexico. Ages 4 & up.

BALLET

Ballet Technique includes barre, center, variations, turns, jumps, allegro, adagio, and choreography. Levels III - V emphasize speed and strengthening feet, legs, back, core and proper technique. Ages 7 & up.

JAZZ

Jazz Technique includes barre, floor barre and center exercises set to popular music. Work is on technique, rhythm, coordination, flexibility, turns, jumps and learning choreography. Combinations include New York Street Jazz, Jazz, Hip-Hop, funk, and lyrical jazz. Ages 7 & up.

MODERN

Modern Technique includes floor work and center exercises based on natural body-movements of fall-and-recovery, release, control, and anti-control. Movements can be percussive or without rhythm, powerful, edgy, fluid, inverted, or unexpected. Strong Technique in ballet and jazz is recommended.

Pointe (Ballet IV & Up)

Elective technique class focusing on the strengthening of the feet and ankles for proper work en pointe. Includes barre, center, turns, petit allegro, and adagio. Teacher recommendation required.

Pre-Pointe (Ballet III-IV)

Students will follow their ballet class with special thera-band exercises to strengthen the feet, ankles, and calves. Barre-work includes exercises to ready the feet and legs to rise up on all toes in Pointe I. Teacher recommendation required.

Lyrical

Choreography class focuses on fluidity of movement and strong sense of musicality. Strong technique in both classical ballet and jazz required. Teacher recommendation required.

Hip-Hop (Jazz II & Up)

Choreography class teaches the latest styles of Hip-Hop and Funk. Fast, hard-hitting movement that can include popping, locking, krumping, breaking and tricks. Strong jazz technique required. Ages 10 & up.

Ballroom (Kid's & Teen Latin)

Ballroom will introduce and build strong technical and social foundation accompanied by choreography in the main ballroom dances which include foxtrot, waltz, tango, swing, rumba, salsa and cha-cha. Ages 7 & up.

Level Descriptions

A = Beginner (Entry) Level
B = 1-2 Years

Boys's Program

Boy's Hip-Hop (ages 7 and up)

Choreography class using the latest styles of Hip-Hop. Fast, hard-hitting movement that can include popping, tutting, locking, krumping, breaking, and B-boy tricks. Attire: Comfortable work-out clothes, and sneakers.

Children's Program

Pre-K, Kinder, and Pre-Ballet (ages 3 - 6)

Introduces Classical Ballet with proper placement of feet and arms, taught with movement and singing, progressing to beginning ballet barre exercises, turn and jump combinations, and body alignment.

Kinder Tap (ages 5 - 6)

Introduces basic tap steps and rhythms at the barre and centre, taught with movement and singing.

Mexican Folkloric I (ages 4 and up)

Incorporates footwork and skirt technique from the different regions of Mexico. Slow paced and thorough.

Flamenco I (ages 5 and up)

Introduces Zapateado and muñecas work. Slow paced and thorough. It is Highly recommended that students take one year of Mexican Folkloric prior to enrolling in Flamenco.

REQUIRED ATTIRE:

LABEL NAME ON EVERYTHING!

Pre-Kinder, Kinder Ballet, and Pre-Ballet

- Pink leotard
- Pink Capezio ultra soft tights
- Pink ballet shoes
- Hair secured back in a ponytail or classical bun
- Pre-Kinder Tutu (purchased from SADA)
- Kinder Ballet Skirt (purchased from SADA)

Kinder Tap (Same as Kinder Ballet) or:

- Black leotard
- Black skirt
- Black footed tights
- Black patent leather tap shoes with ties
- Hair secured back in a ponytail

BALLET

- Black leotard
- Pink Capezio ultra soft tights
- Pink ballet shoes
- Hair secured in a classical bun
- Ballet skirt (optional) - No Shorts

JAZZ / TAP / MODERN / LYRICAL / CONTEMPORARY

- Any leotard or SADA shirt (not oversized)
- Jazz pants or cropped pants
- Hair secured in a ponytail
- Tan flat jazz shoes (Jazz)
- Black oxford tap shoes (Tap)
- Bare feet (Modern/Contemporary)
- Bare feet, foot-undeez or half sole lyrical shoes (Lyrical)

HIP-HOP

- Comfortable clothes (no jeans)
- Sneakers
- No bare-legs with shorts
- Hair secured off face

FLAMENCO

- Black long sleeve leotard
- Black or tan tights
- Flamenco skirt
- Black flamenco shoes
- Hair secured in a bun or ponytail

MEXICAN FOLKLORIC

- Black short sleeve leotard
- Black or tan tights
- Red folkloric practice skirt
- Black folkloric shoes
- Hair secured in a bun or ponytail.