

Salsa, Ballroom & Latin



Angel & Jessica Santiago are two of the hottest Salsa/Mambo dancers, performers, choreographers and instructors in Texas at the moment. Their unique choreography and teaching technique, along with their funky but precise body movements and clean styling, have brought them significant attention. They are two passionate, hard working and focused individuals who always strive to be the best at everything they do. This passion and commitment, is what promises to make them one of the best top Salsa/Mambo instructors, performers, and choreographers.

Jessica Santiago started her salsa-dancing career as a member of the international dance company *Semeneya* in the year 2000, under the direction of Lee Rios. Jessica has participated and won many salsa competitions throughout Texas, including first place in the Sabado

Gigante Salsa Competition on Univision. Jessica has performed for various concerts and events in Texas such as, opening act for Elvis Crespo, the Latin Jazz Festival, and the San Antonio Fiesta Celebration to name a few.

Angel Santiago, as a trained Ballet, Jazz and Hip-Hop dancer, has performed as a feature dancer for the Monster Mash show and as a main character, *Johnny*, for the well known musical theater show Rocking at Rockville High at Six Flags Fiesta Texas. He's been part of several Ballet/Jazz performing companies, such as The San Antonio Dance Troupe, San Antonio Dance Academy, and The Ballet Conservatory of South TX. Angel started his salsa career as a member of the international dance company *Semeneya* in the year 2002, under the direction of Lee Rios. In May of 2004, he won first place at the TX Salsa Open and advanced to the World competition in Puerto Rico. Angel has performed for various concerts and events in Texas such as, Opening act for Grupo Control at the Houston Rodeo, Elvis Crespo in Corpus Christi and numerous half-time shows at the San Antonio Alamodome.

San Antonio Dance Academy Policies:

- Every student of SADA is expected to behave throughout the facility in a disciplined, responsible, and courteous manner.
- SADA reserves the right to suspend or dismiss any student whose attitude, attendance, or conduct is found unsatisfactory.
- Once classes begin, teachers are not available to talk to parents during class time or in between classes if they are back to back. Please schedule an appointment.
- Observation or videotaping of classes in the studios is allowed only with the permission of the teacher and Rosemary Tatum.
- Students arriving more than fifteen minutes late to class must have permission from the teacher to enter class. A student arriving thirty minutes late to class may not participate.
- No gum, smoking or alcoholic beverages allowed in SADA.
- SADA is not responsible for lost or stolen items
- All students must wear required attire for each class. Please refer to your class description for requirements. Wearing jewelry in class is strongly discouraged.
- All students must have their hair in a ponytail or bun. All Ballet students must wear their hair in a classical bun.



[Class Descriptions](#) ● [Required Attire](#)

[SADA Faculty Bios](#) ● [SADA Policies](#)

Ballet

Pre-Kinder Ballet:

A 45-minute class introducing positions of feet and arms. Creative Movement and singing.

Required Attire: Pink leotard and tutu (purchased from SADA), pink capezio ultra soft tights, pink ballet shoes, hair secured in a classical bun.

Ages: 3-4 years old

Kinder Ballet:

A 45-minute class introducing the five positions of ballet with the feet and arms, emphasizing proper body alignment. Turn and jump combinations, beginning ballet barre exercises and singing.

Required Attire: Pink leotard and skirt (purchased from SADA), pink capezio ultra soft tights, pink ballet shoes, hair secured in a classical bun.

Ages: 5-6 years old

Ballet I:

A 1-hour class split evenly between barre and centre. Fundamentals of classical ballet emphasizing placement of the body and strengthening of feet. Adagio, allegro, turns, and jumps. Beginner Level.

Required Attire: Black leotard, pink capezio ultra soft tights, ballet skirt (optional), pink ballet shoes, hair secured in a classical bun.

Ages: 7-8 years old

Ballet II:

A 1-hour class split evenly between barre and centre. Exercises more difficult and repetitions, designed to strengthen and build muscles in feet, legs, and upper body. Adagio, allegro, turns, jumps. Intermediate Level. (studied Ballet I for 1 or 2 years)

Required Attire: Black leotard, pink capezio ultra soft tights, ballet skirt (optional), pink ballet shoes, hair secured in a classical bun.

Ages: 9-11 years old

Ballet III:

A 90-minute class including barre, centre, variations, turns, jumps, allegro, adagio, and pas de deux. Emphasis on speed and strengthening feet, legs, back, and proper technique. Intermediate and Advanced Level. (at least 3 years of ballet)

Required Attire: Black leotard, pink capezio ultra soft tights, ballet skirt (optional), pink ballet shoes, hair secured in a classical bun.

Ages: 12 and up

Ballet IV & V:

A 90-minute class including barre, centre, variations, turns, jumps, allegro, adagio, and pas de deux. Emphasis on speed and strengthening feet, legs, back, and proper technique. Intermediate and Advanced Level. (at least 3 years of ballet)

Required Attire: Solid color leotard, pink tights, ballet skirt (optional), pink ballet shoes, hair secured in a classical bun.

Ages: 12 and up with placement by Rosemary Tatum

Pointe I & II:

A 45-60 minute class using barre and centre exercises to strengthen feet and legs while en pointe. Variations, turns, allegro, pas de deux. Beginner and Intermediate Level. (at least 3 years of classical ballet, 0-2 years of pointe work)

Required Attire: Any color leotard, pink tights, ballet skirt (optional), pink ballet shoes, hair secured in a classical bun.

Class Requirements: Two Ballet IV or V classes per week.

Ages: 12 and up with placement by Rosemary Tatum

Mexican Folkloric



Sergio J. Martinez- Native San Antonian, began his dance career at the age of 14, where he learned the basics from his mother, Maria Luisa Garza Ramos and stepfather, Jose Antonio Ramos. His love for dance grew and he aspired to learn to the fullest. His formal studies began with maestro Juan Casados dancing for San Antonio Parks and Recreation Fandango Dance Troupe and Ballet Folklorico de San Antonio. Soon, Sergio was on his way to Mexico City where he became a member of the resident company of Ballet Folklorico Nacional de Mexico under the direction of Sylvia Lozano. While in Mexico City, he was exposed to the rich culture of the traditional Aztec dance called danza de concheros in Cuetzalan, Puebla in which he learned from Capitan Pedro Rodriguez and Maria Luisa Correa. Dance instructors who have influenced his learning are: Francisco Bravo Puebla from the Instituto Nacional de Bellas Artes (INBA), maestro Aaron Nolasco Caballero, profesor Huemantzin Lopez, Jose Francisco Torres Perez from Instituto Tecnologico de Nuevo Leon, Daniel Andrade (Nuevo Leon), Rafael Zamarripa (Jalisco), Miguel Velez Arceo

(Veracruz) and Raul Valdez. Upon returning to San Antonio he was chosen to become part of the Alamo Kiwanis Fiesta Noche Del Rio, directed by Jimmy & Magda Saldana. He then joined Mexicapan dance group directed by Miguel Ponce and the Guadalupe Dance Company. While with the Guadalupe Dance Company he taught Mexican Folk dance to elementary, junior high and high school students. His talent as a dance instructor was quickly recognized and he was called by Belle and Juan Ortiz, directors of Mariachi Campanas de America, to choreograph the Festival Folklorico show at Fiesta Texas. His success in choreography was evident at Fiesta Texas for five years. Another major accomplishment he achieved was to choreograph the Mariachi USA Festival at the Hollywood Bowl two years in a row. He has done several workshops throughout Texas and California. His passion for dance has never ceased and he is excited to have the opportunity to share his talent with the San Antonio Dance Academy. Sergio is a Surgical Technologist and is married to Isabel Calderon Martinez. He has five children: Isela, Sergio, Joaquin, Jimena, and Janoah



Aurora Vasquez originally from EL Paso, Texas. Aurora began her dance training at age seven with Grupo Folklorico Valle Del Sol. Aurora was afforded many opportunities to perform in and around town, to include invitations to perform at the Texas State Fair in Dallas, Fiesta Texas in San Antonio, and Long Beach, California. Her professional dance career was launched at age fifteen after making the final cut for the professional dance group of Viva El Paso! For five seasons, and during her career with Viva, Aurora extended her love for the theatre, and joined the Hispanic Theater Group under the direction of Hector Serrano, and Danza Espanola Flamenco Company under the direction of Rita Vega De Triana. While still continuing her discipline with Valle Del Sol, Aurora went on to become a principal member of the group. Aurora also became a Special Edition Company member of Zapateados! under the direction of Mr. Serrano, and Ms. Triana.

Throughout her dancing career, she has studied under many renowned instructors to name, Rita Vega de Triana, Rafael Zamarripa de A Universidad de Colima, and performances with Mariachi Vargas de Tecalitlan, and Danza Teatre de La Frontera, under the direction of Jorde Badillo. Aurora has completed a master's course at the Mariacho Festival workshop in El Paso, Texas with Rafael Zamarripa.

Jazz, Hip Hop, Lyrical & Contemporary



Jessie Smartnick is originally from Albuquerque, New Mexico where she started dancing at the age of two. She has national titles and many other awards for dancing, and her choreography in the areas of contemporary, jazz, pom, hip hop, and lyrical. By the age of eighteen she was teaching at studios and workshops all over the southwest, and was artistic director and choreographer of her own company. When she was nineteen she was awarded a dance scholarship by "Feel the Music Entertainment" and moved to Los Angeles to further her dance education. She has had the opportunity to dance at some of the most prestigious Hollywood dance academies, dance under the best teachers, and share the stage with some of the most talented dancers in the world. In December she moved to San Antonio to go back to school and be with her family, but continues to dance and teach. Despite the fact that she loves being on stage, she feels her true passion is teaching.

Tara Smartnick is originally from Albuquerque, New Mexico and graduated from the Public Academy for Performing Arts where she majored in dance and video editing. She has been studying dance since the age of three and holds national titles in team dance, solo work, ballroom and for her own choreography. Tara has awards in the area of contemporary, jazz, ballet, hip-hop, lyrical, pom, mambo, cha cha, rumba, swing, salsa, tango and bolero. She earned 2nd place and a college scholarship for her ballet solo at the Contest of Champions Nationals in Orlando, Florida in 2003. After winning 1st place in Junior American Rhythm at People's Choice 2005 in Arizona, Tara and her partner

were invited to join the Junior Olympic Ballroom Team. Later the year, Tara was one of fifteen dancers chosen from around the United States to participate in JJ Villar's, "The Road to Hollywood" held in Los Angeles, California where she was able to study and perform many forms of dance all around Los Angeles. She moved to San Antonio, Texas in 2006 and is currently studying media arts at Northwest Vista College. Tara dances professionally with Xibuke Dance Company and teaches jazz, lyrical, Latin rhythms and contemporary all around San Antonio.



Tap

Pre-Kinder Tap:

A 45-minute class introducing basic tap steps and rhythms at the barre. Creative movement and singing.

Required Attire: Black leotard and skirt, black footed tights, black paten tap shoes with ties, hair secured in a ponytail.

Ages: 3-4 years old

Kinder Tap:

A 45-minute class introducing basic tap steps and rhythms at the barre and centre. Creative movement and singing.

Required Attire: Black leotard and skirt, black footed tights, black paten tap shoes with ties, hair secured in a ponytail.

Ages: 5-6 years old

Tap I:

A 1-hour class using barre to introduce basic tap steps and rhythms. Repetitions to strengthen and quicken tap technique. Centre exercises and combinations, turns, and time-steps. Beginner Level.

Required Attire: Any color leotard or SADA shirt (not oversized), jazz pants of crop pants, black oxford tap shoes, hair secured in a ponytail.

Ages: 6-8 years old

Tap II, III, IV & V:

A 1-hour class building technique, stamina, and rhythm tap choreography. Time-steps, wings, pullbacks, and turns.

Required Attire: Any color leotard or SADA shirt (not oversized), jazz pants of crop pants, black oxford tap shoes, hair secured in a ponytail.

Ages: 9 and up

Adult Tap:

A 1-hour class building technique including time steps, wings, pullbacks, turns and choreography. Beginner/ Intermediate Level.

Required Attire: Any color leotard or SADA shirt (not oversized), jazz pants of crop pants, black footed tights, black oxford tap shoes, hair secured in a ponytail.

Required Attire: Comfortable workout attire.

Boys Dance, Jazz & Hip Hop

Boys Dance:

A 1-hour class including stretching, exercises, fundamentals of jazz, and other dance techniques. Including turns, jumps, hip-hop, break dancing and ballet.

Required Attire: Comfortable workout clothes, black jazz shoes.

Ages: 6 and up

Jazz I:

A 1-hour class using floor and centre exercises set to popular music. Emphasis is on rhythm, coordination, and proper technique.

Combinations include New York Street Jazz and Hip-Hop.

Required Attire: Any leotard or SADA shirt (not oversized), jazz pants or crop pants, black jazz shoes, hair secured in a ponytail.

Ages: 7-9 years old

Jazz II:

A 1-hour class using barre, floor barre, and centre exercises set to popular music. Work is on technique, rhythm, coordination, flexibility, turns, jumps, and learning choreography.

Combinations include New York Street Jazz, music video dancing, and Hip-Hop. Intermediate Level. (at least 1 year of jazz)

Required Attire: Any leotard or SADA shirt (not oversized), jazz pants or crop pants, black jazz shoes, hair secured in a ponytail.

Ages: 9-11 years old

Jazz III:

A 1-hour class using barre, floor barre and centre exercises set to popular music. Work is on technique, rhythm, coordination, flexibility, turns, jumps and learning choreography.

Combinations include New York Street Jazz, Jazz, Hip-Hop, funk, music video dancing, and lyrical jazz. Intermediate to Advanced Level. (at least 2 years of jazz)

Required Attire: Any leotard or SADA shirt (not oversized), jazz pants or crop pants, black jazz shoes, hair secured in a ponytail.

Ages: 11-13 years old

Jazz IV & V:

A 1-hour class using barre, floor barre and centre exercises set to popular music. Work is on technique, rhythm, coordination, flexibility, turns, jumps and learning choreography.

Combinations include New York Street Jazz, Jazz, Hip-Hop, funk, music video dancing, and lyrical jazz. Advanced Level. (at least 3 years of jazz)

Required Attire: Any leotard or SADA shirt (not oversized), jazz pants or crop pants, black jazz shoes, hair secured in a ponytail.

Ages: 13 and up

Intermediate and Advanced Hip-Hop:

A one-hour choreography class using the latest styles of Hip-Hop and Funk. Fast, hard-hitting movement that can include popping, locking, krumping, breaking and tricks. Strong jazz technique required.

Required Attire: Any leotard or SADA shirt (loose clothing allowed), jazz pants or crop pants, shoes TBD by instructor, hair secured in a ponytail.

Class Requirements: Must be enrolled in Jazz III or IV for Int. and Jazz V for Adv.

Ages: 12 and up, 15 for Adv.

Flamenco



Jackie Rodriguez-Navar "La Morena" from San Antonio, has been dancing since the age of three. She began her professional dancing career at age thirteen with Campana De Arte Espanol under the direction of La Chique and Jose Linares. She served as dancer in the City of San Antonio's group Fandango, and was a principal dancer for Danza Hispana De San Antonio. She traveled across the country and internationally dancing at the Bellas Artes Theatre in Puerto Rico, Germany, and Mexico. Throughout her dance career Jackie has had the opportunity to perform for the Democratic Hispanic Gala for President Clinton, The President of Mexico and Barbara Bush. In 2001, she furthered her flamenco studies with Flamenco master classes in Spain with Lola Greco, Juan Amaya, Rafael Campallo and Jose Granero. Most recently Jackie choreographed a flamenco segment ad for production Rumba Dreams, a latin musical at the Josephine Theatre. She has studied under La Chique, Javier Villegas, Huamantzin Lopez, Ricardo Munoz, and Rual Valdez. You can still see Jackie entertain at local cafés, Carmens. Jackie has completed master courses at the Maria

Benitez Workshop in Santa Fe with Antonio Granjero and Angel Munoz.

Tap



Mary Rae Huddleston began her love of dance at the age of three. She studied jazz and tap for 19 years under Teri Wilkerson at Dance Discovery Studios. She soon expanded her performance experience to Musical Theater at McMurry University, Paramount Theater and Abilene Opera Association. She was a member of Chameleon jazz company for 3 years until she moved to Austin to pursue a degree at Texas State University. While there, Mary Rae had the privilege of being a Strutter under the direction of Barbara Tidwell. After receiving a degree in Interior Design, she moved to San Antonio where she continues to share her excitement and love of tap with her students. She continues to further her education by attending workshops and training all over the country.

Ballet



Rosemary Cavazos Tatum began studying dance at age seven with her uncle, Doria Avila. She was chosen Most Outstanding Dancer at SMU Drill Team Camp and was a Gold Medal winner at The University of Texas State Dance Competition. A charter member and principal dancer with the Rio Grande Valley Ballet, Ms. Tatum attended the University of Texas at Austin and was a soloist with the Austin Ballet Theatre. She moved to New York City at the age of nineteen and performed with the Ballet Hispanico of New York, American Dancemachine (West Side Story, Cabaret, Hair and Brigadoon) and was the featured dancer in Don Giovanni with the Bronx Opera Company. Rosemary appeared in five productions of the Broadway smash hit Evita, touring the United States, Canada and Europe, where she served as Dance Captain and was featured as the Tango Dancer. Ms. Tatum made her television debut as a Flamenco soloist on the Ti-IN Educational Network Series. She has also been featured as the Flamenco soloist at the State Fair of Texas in Dallas and headlined Mr. Avila's "Ballet Espanol". Rosemary has studied with some of the most important teachers in dance including; Igor Youskevitch, Finis Jhung, David Howard, Richard Thomas, Lee Theodore,

Wayne Cilento, Paul Draper, Pilar Rioja, Jose Molina, Mariquita Flores and Jose Greco Jr. and returns to New York City every year to continue her studies and offer the latest in dance technique to her students. Ms Tatum is the Owner/Director of San Antonio Dance Academy, a member of Actors Equity and Screen Actors Guild. She has served on the city- appointed Performing Arts Panel for the Department of Arts and Cultural Affairs. Rosemary is the mother of eighteen year old Garrett and fourteen year old Anelise.

Ballet & Tap

Michelle Becken holds a BFA in Ballet from Texas Christian University (TCU). While attending TCU, Michelle studied with the TCU faculty, such as, Elizabeth Gillespy, Li-Chou Cheng, Carrie Cheng and Ceyhun Ozsoy and has taken class with guest artists such as Fernando Bujones, Alonzo King, Ben Stevenson, Sharon Story, Clara Cravey, and Christian von Howard. She performed in three pieces choreographed by Li-Chou Cheng, *Allegro*, *Mol Dau*, and *Youth*, as well as the restaging of *Paquita* and *Giselle*. Before her time at TCU, she trained for fourteen consecutive years with Rosemary Tatum of San Antonio Dance Academy (SADA). She has performed in all fourteen annual recitals with SADA as well as their performances at the Arneson River Theatre showcasing Spanish Flamenco and Mexican Folkloric dance. She spent two summers in New York City studying with Finis Jhung and Nancy Beilski, and attended two TCU Summer Workshops while in high school. For the past four summers, Michelle has been working for Rosemary Tatum as Production Assistant for SADA's annual recital. In May of 2007, she was awarded a scholarship from the San Antonio Dance Umbrella through the Julia L. Cauthorn Fund for Young San Antonio Dancers and Choreographers. Michelle teaches Ballet, Tap and many of the children's classes at SADA.



Mexican Folkloric

Mexican Folkloric I:

A 45-minute class incorporating footwork and skirt technique from the different regions of Mexico. Slow paced and thorough. Beginners.
Required Attire: Black short sleeve leotard, black or tan tights, red Folkloric practice skirt, black folkloric shoes, hair secured in a bun or ponytail.
Performance Requirements: \$30.00 costume rental, tan or caramel fishnet tights, beige "basic" camisole, gold "dangle" earrings, black trunks.
Ages: 4-6 years old

Mexican Folkloric II:

A 1-hour class incorporating fast footwork and varied skirt work from the different regions of Mexico. Medium to fast paced.
Required Attire: Black short sleeve leotard, black or tan tights, red Folkloric practice skirt, black folkloric shoes, hair secured in a bun or ponytail.
Performance Requirements: \$30.00 costume rental, tan or caramel fishnet tights, beige "basic" camisole, gold "dangle" earrings, black trunks.
Ages: 6-8 years old

Mexican Folkloric III:

A 1-hour class incorporating fast footwork and varied skirt technique from the different regions of Mexico. Medium to fast paced. Intermediate Level.
Required Attire: Black leotard, black or tan tights, red Folkloric practice skirt, black folkloric shoes, hair secured in a bun or ponytail.
Performance Requirements: \$30.00 costume rental, tan or caramel fishnet tights, beige "basic" camisole, gold "dangle" earrings, black trunks.
Ages: 8-11 years old

Mexican Folkloric IV:

A 1-hour class incorporating footwork and skirt technique from the different regions of Mexico. Fast paced. Intermediate to advanced level.
Required Attire: Black leotard, black or tan tights, red Folkloric practice skirt, black folkloric shoes, hair secured in a bun or ponytail.
Performance Requirements: \$30.00 costume rental, tan or caramel fishnet tights, beige "basic" camisole, gold "dangle" earrings, black trunks.
Ages: 12 and up

Mexican Folkloric V:

A 1-hour class incorporating footwork and skirt technique from the different regions of Mexico. Fast paced. Intermediate to advanced level.
Required Attire: Black leotard, black or tan tights, red Folkloric practice skirt, black folkloric shoes, hair secured in a bun or ponytail.
Performance Requirements: \$30.00 costume rental, tan or caramel fishnet tights, beige "basic" camisole, gold "dangle" earrings, black trunks.
Ages: 13 and up

Flamenco

Flamenco I:

A 1-hour class incorporating Zapateado and castanet work. Slow paced, thorough.

Beginner level. (It is recommended to study Mexican Folkloric for one year first)

Required Attire: Black long sleeve leotard, black or tan tights, Flamenco skirt, black flamenco shoes, hair secured in a bun or ponytail.

Performance Requirements: \$30.00 costume rental, tan or caramel fishnet tights, beige "basic" camisole, gold "hoop" earrings.

Ages: 5-7 years old

Flamenco II:

A 1-hour class strengthening Zapateado, munecas and castanet work. Medium paced intermediate level. (at least one year of Flamenco or Mexican Folkloric)

Required Attire: Black long sleeve leotard, black or tan tights, Flamenco skirt, black flamenco shoes, hair secured in a bun or ponytail.

Performance Requirements: \$30.00 costume rental, tan or caramel fishnet tights, beige "basic" camisole, gold "hoop" earrings.

Ages: 8-10 years old

Flamenco III & IV:

A 1-hour class strengthening Zapateado, munecas, palmas, shawl, fan and castanet work. Improvisation. Medium to fast paced. Intermediate level. (at least two years of flamenco)

Required Attire: Black long sleeve leotard, black or tan tights, Flamenco skirt, black flamenco shoes, hair secured in a bun or ponytail.

Performance Requirements: \$30.00 costume rental, tan or caramel fishnet tights, beige "basic" camisole, gold "hoop" earrings.

Ages: 11 and up years old

Flamenco V & Advanced Flamenco:

A 75-minute class strengthening Zapateado, munecas, palmas, shawl, fan and castanet work. Improvisation. Medium to fast paced.

Advanced level. (at least three years of flamenco)

Required Attire: Black long sleeve leotard, black or tan tights, Flamenco skirt, black flamenco shoes, hair secured in a bun or ponytail.

Performance Requirements: \$30.00 costume rental, tan or caramel fishnet tights, beige "basic" camisole, gold "hoop" earrings.

Ages: 12 and up

Adult Flamenco:

A 1-hour class strengthening Zapateado, munecas, palmas, shawl, fan and castanet work. Improvisation. Medium to fast paced. Intermediate level. (at least two year of flamenco)

Required Attire: Black long sleeve leotard, black or tan tights, Flamenco skirt, black flamenco shoes, hair secured in a bun or ponytail.

Performance Requirements: \$30.00 costume rental, tan or caramel fishnet tights, beige "basic" camisole, gold "hoop" earrings.

Contemporary, Lyrical & Ballroom

Lyrical Jazz :

A one-hour choreography class blending ballet and jazz. Strong technique in both classical ballet and jazz necessary.

Choreography focuses on fluidity of movement and strong sense of musicality.

Required Attire: Any leotard or SADA shirt (not oversized), jazz pants or crop pants, foot undies or bear claws, hair secured in a ponytail.

Class Requirements: Must be enrolled in Jazz IV or V.

Contemporary Dance:

A one-hour choreography class incorporating jazz dance and story-telling utilizing movement and acting skills. Strong technique in jazz and ballet necessary.

Movement can be fast, edgy and forceful one moment and slow, smooth and fluid the next.

Required Attire: Any leotard or SADA shirt (not oversized), jazz pants or crop pants, foot undies or bear claws, hair secured in a ponytail.

Class Requirements: Must be enrolled in Jazz IV or V.

Salzumba:

A 1-hour class in Zumba is a fusion of Latin and International music-dance themes creating a dynamic, exciting, effective fitness system. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Required Attire: Comfortable clothes, ballet slippers or jazz shoes/oxford, hair secured off the face.

Ages: Adults

Children's Ballroom I & II:

A 1-hour class introducing basic styles of ballroom dance. Starting with Waltz, Tango, and Swing moving into Latin dances such as Rumba, Cha Cha, Mambo, and Salsa. This class focuses on leading and following and familiarizing students with the basic pattern of each dance.

Required attire: Comfortable clothes, tan character Shoes, hair secured off the face.

Ages: 6-12 years old

Teen & Adult Ballroom:

A 1-hour class using partner dancing, to work on grace, coordination, self-discipline and self-confidence. Students gain an insight on different cultures as they explore dances like salsa, tango, rumba and more to make teens feel comfortable in a social setting.

Required Attire: Comfortable clothes, tan ballroom heels for the ladies, black jazz shoes for men, hair secured off the face.

Ages: 13 and up